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Aries New Moon

When? Monday 12th April at 03.31am BST

Where? 22 degrees 5 minutes of Aries

Element Fire

Ruling planet Mars (which is at 23 degrees 21 minutes of Gemini and in a sextile with this new moon)

The sun is also in Aries

New Moon Aspects This new moon is conjunct the sun and Venus in Aries, in a square with Pluto in Capricorn and sextile Mars in Gemini and Jupiter in Aquarius. We have a stellium in Aries with Mercury, Venus, chiron the sun and moon all in the first sign of the zodiac.

This moon is calling you to take action by:

Starting a new chapter, moving into fresh new beginnings and creating the direction of your life for the next year. It's time to open yourself back up to life.

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Under the energies of this moon focus on:

- Under this new moon you are going to create your reality for the next year, what do you want your next chapter to be? Get very clear on what you want from your life and then ensure that your thoughts, words, beliefs and actions mirror what you want.
- Notice your doubts, fears, lack mentality and self-limiting beliefs and work on transforming these parts of yourself. Let this moon help you to become a version of you who believe in you and believes that you can.
- Take note of all of the opportunities, possibilities and options coming your way as the Universe opens up a new pathway for you. Just say yes.

Over the next two weeks of the waxing moon, focus on:

- Trusting and believing in yourself, become your own biggest cheerleader.
- Watching your thoughts, words, beliefs and actions. Try and remain as optimistic and positive as possible. Tell yourself that you can and believe it with all your heart.
- Following any opportunities or possibilities that come to you. Take first steps towards what you want and becoming more of who you are. Use this bold fiery energy to be brave.

First quarter moon check in – Tuesday 20th April (moon is in Leo)

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Crystals for this moon are:

- **Rose quartz** for self-love, belief and worth
- **Labradorite** will help you to see and believe in your own magic
- **Citrine** will help you to manifest what you want in your life
- **Amethyst** will work with you to transform old versions of you and trust in your higher power

My Moon Musings

The last new moon in Pisces brought endings to create new beginnings. Then along came the Libra full moon to bring you back into balance and alignment, complete on anything that is finished in your life and heal your relationship with yourself. Now here it is, the first new moon of the astrological new year to push you into action.

There is so much fiery Aries energy in the skies right now. The moon, along with 4 other planets, are all lined up in the first sign of the zodiac to encourage you to move forwards in your life. All new moons begin a new cycle, but this new moon opens up a cycle that will last for the next 12 months. What you seed and plant at this new moon is going to determine the direction of your life for the astrological year ahead.

Aries the pioneer, the instigator, the leader, the trailblazer of the zodiac is leading us into fresh new beginnings. I find it so fitting that this is the same date that everything (in the UK) begins to open back up, and this new moon is asking the same of you – to open yourself back up to life.

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This new moon is going to feel like a real turning point. For all those times over the last year that you have felt lost, broken, uncertain and as though you had no clue about the direction of your life this moon will bring a moment of clarity. Under this moon it will feel as though things are finally clicking into place and making sense, this is the light we have been looking for in a very long, dark tunnel.

Everything is written in the skies right now for creating and going after what you want, the support is all around you...but you have to be the one who initiates these new beginnings and goes out there into the world after what you want. All that you seek is very unlikely to come and knock on your front door looking for you. You have to go out there into the world and meet the universe halfway.

The last year has really been a good metaphor for the way that many of us unknowingly live our lives. We dream of what we want, while sitting at home on the sofa doing nothing about it and then wonder why things never happen for us. The last year we've all sat at home day after day, week after week, month after month dreaming of what we want, mourning what we are missing out on and perhaps having realisations of what we actually do want from our lives.

And now is the time that we need to go out there and get what we want. Everything in the skies right now is lined up telling you it's time. It's up to you whether you stay on your metaphoric sofa at home for another year or face the fears and go after what you want.

Speaking of fears, you may feel a lot of them around this new moon, along with doubts and perhaps a sense of lack or a fear that it will all get taken away. You may feel an internal

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struggle as an emerging part of you who is filled with the fire to go out there in the world and start anew comes up against an old, scared part of you who declares that 'you can't do it/achieve it' and wants to stay at home on our metaphoric sofa. This is Pluto's influence as the planet of death, rebirth and transformation squares off this new moon.

We speak of this a lot, especially when Pluto is involved, that a part of you needs to die away to allow a new part of you to be born, and it's never truer than under this new moon. In order for you to be able to move forwards into these new beginnings you have to be willing to release the parts of you who have always held you back.

That's not to say that we have to cut these parts of us away completely, often these fearful parts of us are just trying to keep us safe in their own way. But we do need to stop letting them run the show and stop listening to our limiting voices and fears, instead creating a new narrative around what is possible. Whether you believe that you can or you can't you will always be right.

As this moon opens up the potential to be able to manifest whatever you desire it is so important that you are aware of the power of your thoughts, beliefs, actions, words and emotions. We are always manifesting in each moment, creating the reality of our lives and under this moon it's so important to believe that you can.

Look at any fears or doubts that are coming up for you and question them, are they true? Can you perhaps see where they have come from and when and how they formed to try and 'keep you safe' or 'keep you from failing'? Learn from the past, including the beginning of this traditional year, the spring equinox and last new and full moon. What did you want to

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begin but didn't and why? This will show you old patterns and fears, lack mentality or limiting beliefs that you always fall back into, and the parts of you that this moon with Pluto's influence is trying to transform.

Both Aries and his ruler Mars are associated with the root chakra, which relates to our sense of safety and security. Under this moon you need to realise that true safety and security in life will never come from letting the voices of fear keep you trapped in the false sense of safety that they create. Real safety comes from trusting in yourself. Pluto comes along with this new moon to show you where you don't trust in yourself, and in life, so that you can allow these parts of you to be transformed.

This is being further tested and transformed by Pluto's square to Venus. You may remember that we worked with Venus under the last Libra full moon to help you to transform your relationship with yourself. Venus is joining forces once more with this new moon to ensure that your self-belief and self-worth game is strong, as this is what will support you in your new beginnings. Pluto meeting Venus is going to highlight all the ways in which you doubt yourself and don't believe you are worthy or deserving of having what you want.

This means you may once more feel an internal struggle as Venus in conjunction with the moon in Aries is asking you to really believe in yourself and what you are capable of manifesting and creating in your life. Under this new moon it's likely that you are going to move into uncharted territories finally moving into something new and different. You haven't experienced this before and Pluto is showing you where you will want to fall back into afraid parts of you, but Venus in Aries is here to ask you to trust yourself and to go for it anyway.

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Observe the fears, learn from the fears but then soothe that part of you who is scared by telling her that you've got this, that you can do this and that she can trust you to take care of her while you make these big changes. It's time to evolve and transform and become a version of you who knows that you deserve the very best and believes in you. Venus wants you to call in what really matters to you under this new moon, to really go after what you want deep in your heart and know that you are worth it.

This expansion of both you and your manifestations, intentions and dreams will be strongly supported by the two sextiles this moon is making with Mars in Gemini and Jupiter in Aquarius. A sextile means that the planets direct the energies where they need to go and open up new pathways for growth.

Let's first look at the sextile with Aries ruler Mars in Gemini. Mars in Gemini is quick, energising and wants to get things done. You will find a lot of information coming in over this new moon as lively change loving Gemini shows you all the new possibilities and options available to you. Mars then brings his energy behind these ideas and insights to push them forward and make them a reality. Keep a notebook and pen handy and/or journal on what you are being shown.

On this same note you may find sudden opportunities coming in quickly and unexpectedly and you are just going to need to trust yourself and say yes. You are going to be really pushed to believe in yourself over this moon. If it feels right, if it lights you up, if it excites and scares you and pushes you out of your comfort zone just say yes. Don't overthink all that "could" go wrong and doubt yourself and your abilities. Instead, just say yes and trust in

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yourself and what the Universe is delivering to you.

Remember that the words you speak, and your thoughts, beliefs and actions hold so much power all of the time but under this new moon this is amplified so, so much. It is wise under this moon to act as though every word you speak, thought you have, belief you hold and action you take is going to come true. In fact, imagine that for a moment. Imagine that everything you do under this new moon is literally creating your reality for the next year. What would you do differently if this were the case? Because it is. Under this new moon you are literally shaping and creating your reality with every word, thought, belief and action so choose them wisely.

This may be a good time to mention that Aries energy can sometime be rash and impulsive so be mindful of this. The reality you are shaping under this moon is going to play out over the next year of your life and so you want to ensure that you are creating for the long term rather than quick short-term fixes. Be mindful of letting fear get in the way and making rash decisions. Step back, take a breath and call on that Pluto and Venus energy to help you to evolve beyond your fears and doubts and know your worth, if you believed in yourself fully and completely in this moment what would you do?

Because anything that you do is going to be supported by the moon's sextile with Jupiter in Aquarius. Whatever intentions you set and dreams you plant under this moon will have the expansive energy of Jupiter, the planet of luck and abundance right behind them. Especially with Jupiter being in the future and freedom focussed sign of Aquarius this sextile is helping you to plant the seeds of the future that you want and becoming more of who you are.

Everything that you do now needs to be for your future self, opening a new chapter of what

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you want in your life and taking you towards what you want this year to bring.

This new moon is here to help you to move forwards in your life. You are being fully supported by the planets, the Universe and most of all YOU. It's really time to trust in yourself and know that you are a powerful creator capable of anything you set your mind and heart to. Trust in the magic, trust in you. Move forwards.

I read a quote recently and it summed up this new moon perfectly...

"Trust the next chapter because you are the author"

You are the author of your life under this Aries new moon. You hold all of the power and potential in your hands, and everything in the skies is set up to support you. What do you want your next chapter to be? Get very clear on what you want from your life and then ensure that your thoughts, words, beliefs and actions mirror what you want.

What are you ready to begin now?